



The effect of social skills training in a group manner based on Glaser's approach on changing the identity style of delinquent boys in Bushehr city

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Abstract

The purpose of this research was the effect of social skills training in a group manner based on Glaser's approach on changing the identity style of delinquent boys in Bushehr city. The present research method is semi-experimental with a pre-test and post-test design. The statistical population of the present study consists of all juvenile delinquents in Bushehr city. The sample size of this research includes 30 people, which was obtained through simple random sampling. The data collection tool in this research was Berzonsky's (1992) identity style questionnaire. The findings showed that the average score of informational, normative and commitment identity styles in the subjects of the experimental group in the post-test phase is higher than that of the control group, but the average score of the variable identity style of confusion-avoidance in the subjects of the experimental group in the post-test phase is less than The control group shows the positive effect of social skills training on informational, normative and commitment identity styles and the negative effect of social skills training on confused-avoidance identity style in the subjects of the experimental group compared to the control group. The general conclusion of the research showed that by strengthening social skills training in a group manner based on Glaser's approach among delinquent teenagers, it is possible to help improve their identity style in schools.

Keywords: teaching social skills in a group way based on Glaser's approach, identity style, delinquent teenagers.

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